

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

November 2018

"EVEN IF SOMETHING IS LEFT UNDONE, EVERYONE MUST TAKE TIME TO SIT STILL AND WATCH THE LEAVES TURN."

<p>10:15 Daily Horoscopes 4 12:00 Colouring Club 2:00 Remembrance Day Service 3:00 Mini Putt</p>  <p><small>Daylight Saving Time Ends</small></p>	<p>9:30 Tai Chi - FA 5 10:15 Pump it Up- FA 10:45 Hot Hand Wax Therapy 11:00 Walking Club 2:30 Colouring Club 4:00 Billiards-MPR</p>	<p>9:15 Falls Prevention-FA 6 10:00 Falls Prevention-FA 11:00 Men's Billiards-MPR 2:00 Simply Stretch-FA 2:30 Sweet Tooth Social 3:00 Pump it up-FA 4:00 Happy Hour-B</p>	<p>9:30 Chair Yoga-FA 7 10:15 Pump it up-FA 10:45 Peddler Class-FA 2:30 Resident Town Hall 3:30 Word Games 5:00 Shuffle Board 5:00 Steak Club (sign up) 7:00 Bingo 7:30 Aquafit-pool</p>	<p>9:15 Falls Prevention-FA 8 10:00 Falls Prevention-FA 2:30 Wal-Mart Outing (sign up) 2:00 Flu Shots-MPR 2:00 Hot Wax Therapy-FA 3:00 Seated Groovin-FA 4:00 Happy Hour 5:00 Skip Bo 7:00 Name That Tune!</p>	<p>9:30 Movement Matters 9 10:15 Tai Chi-FA 10:45 Bone Building Class 11:00 Walking Club 2:30 Computer Help-MPR 3:30 Singing Club-MPR 7:00 Movie Night - FL</p>	<p>9:00 Breakfast Club 10 (sign up) 11:00 Bingo 2:00 Cookie & Coffee social 3:00 Trivia</p>
<p>10:00 Colouring Club 11 11:00 The Last Post Moment of Silence-B 2:30 Think Fast In a Jar</p>  <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>9:30 Tai Chi - FA 12 10:15 Pump it Up- FA 10:45 Hot Hand Wax Therapy 11:00 Walking Club 2:30 Coffee & Cookies 4:00 Billiards-MPR</p>	<p>9:15 Falls Prevention-FA 13 10:00 Falls Prevention-FA 11:00 Cora's Lunch Outing (sign up) 2:00 Simply Stretch-FA 2:30 Hot Chocolate Warm up 3:00 Pump it up-FA 4:00 Happy Hour-B</p>	<p>9:30 Chair Yoga-FA 14 10:15 Pump it up-FA 10:45 Peddler Class-FA 11:00 SJF Catholic Service 2:30 Java Music Club-MPR 3:30 Toss N Talk 5:00 Billiards 7:00 Music Video Social 7:30 Aquafit-pool</p>	<p>9:15 Falls Prevention-FA 15 10:00 Falls Prevention-FA 11:00 Bible Study-MPR 2:00 Hot Wax Therapy-FA 2:30 Apple Cider Party 3:00 Seated Groovin-FA 4:00 Happy Hour 5:00 Tell your best Jokes 7:00 Wine & Cheese Social</p> 	<p>9:30 Movement Matters 16 10:15 Tai Chi-FA 10:45 Bone Building Class 11:00 SJF Catholic Rosary Prayer & Communion-MPR 2:30 Name that Tune-MPR 3:30 Singing Club-MPR 7:00 Movie Night-FL</p>	<p>9:00 Breakfast Club 17 (sign up) 11:00 Bingo 2:00 Finger Painting Craft</p>
<p>10:15 Scrabble 18 12:00 Skip – Bo 2:30 Cinnamon Bunz Social.</p>	<p>9:30 Tai Chi - FA 19 10:15 Pump it Up- FA 10:45 Hot Hand Wax Therapy 11:00 Walking Club 2:30 Colouring Club 4:00 Billiards-MPR</p>	<p>9:15 Falls Prevention-FA 20 10:00 Falls Prevention-FA 11:00 St. Judes Anglican Service-MPR 2:00 Simply Stretch-FA 2:30 Scrabble-B 3:00 Pump it up-FA 4:00 Happy Hour-B</p>	<p>9:30 Chair Yoga-FA 21 10:15 Pump it up-FA 10:45 Peddler Class-FA 11:00 Word Games 2:30 Bingo 4:00 Bean Bag Toss 5:00 Steak Club (sign up) 7:30 Aquafit-pool</p>	<p>9:15 Falls Prevention-FA 22 10:00 Falls Prevention-FA 2:00 Hot Wax Therapy-FA 2:30 Wal-Mart Outing (sign up) 3:00 Seated Groovin-FA 4:00 Happy Hour 5:00 Roll The Dice, Break The Ice 7:00 Music Social</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9:30 Movement Matters 23 10:15 Tai Chi-FA 10:45 Bone Building Class 11:00 Walking Club 4:00 Music Movement w/ Sheryl 7:00 Movie Night - FL</p>	<p>9:00 Breakfast Club 24 (sign up) 11:00 Billiards 2:00 Skip-Bo</p>
<p>10:00-4:00pm Christmas Bazaar</p> 	<p>9:30 Tai Chi - FA 25 10:15 Pump it Up- FA 10:45 Hot Hand Wax Therapy 11:00 Walking Club 2:30 Coffee & Cookies 4:00 Billiards-MPR</p>	<p>9:15 Falls Prevention-FA 26 10:00 Falls Prevention-FA 11:00 Men's Billiards-MPR 2:00 Simply Stretch-FA 2:30 Movie Theater Outing (sign up) 3:00 Pump it up-FA 4:00 Resident Led Euchre</p>	<p>9:30 Chair Yoga-FA 27 10:15 Pump it up-FA 10:45 Peddler Class-FA 2:30 Java Music Club-MPR 3:30 Billiards 5:00 Table Pong 7:00 Name That Bird Sound 7:30 Aquafit-pool</p> 	<p>9:15 Falls Prevention-FA 28 10:00 Falls Prevention-FA 11:00 Bible Study 2:00 Hot Wax Therapy-FA 2:30 Birthday Party 3:00 Seated Groovin-FA 3:00 Mini Putt 4:00 Happy Hour</p>	<p>9:30 Movement Matters 29 10:15 Tai Chi-FA 10:45 Bone Building Class 11:00 SJF Catholic Rosary Prayer & Communion-MPR 2:30 Word Games-MPR 3:30 Singing Club-MPR 7:00 Movie Night-FL</p>	 <p>Bramalea RETIREMENT RESIDENCE</p>

MPR- Multi Purpose Room AL- Atrium Lounge GA- Garden Atrium SA- Shuffle Board Room B- Bistro FA- Fitness Area R-Reception FL- Fireplace Lounge